

Nicole M. Burt, PhD

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EDUCATION

Northern Illinois University, DeKalb, IL

Doctor of Philosophy in Clinical Psychology (August, 2017)

- Dissertation: Direct and Interactive Effects of Infant Frustration and Parenting on Toddler Compliance: A Test of Differential Susceptibility
- Dissertation Advisor: David J. Bridgett, PhD

Masters of Arts in Clinical Psychology (August, 2014)

- Thesis: Maternal Relationship Adjustment and Parenting: Implications for the Development of Infant Frustration
- Thesis Advisor: David J. Bridgett, PhD

Arizona State University, Tempe, AZ

Bachelors of Arts in Psychology (May, 2011; Summa Cum Laude)

CLINICAL EXPERIENCE

Gentry Pediatric Behavioral Services, Phoenix, AZ

Clinical Psychologist – Aug 2017 to Current

Supervisors(s): Joseph Gentry, PhD, BCBA-D; Lori Long, PhD, NCSP; Erin Bartosik, PhD, BCBA; Mallory Yee, PhD

- Population and Setting: Children and adolescents with a range of clinical concerns seeking services in a multidisciplinary outpatient clinic
- Responsibilities: Therapy and assessment services for children, adolescents, and families with Autism Spectrum Disorder, ADHD, Intellectual Disability, anxiety, and oppositional behaviors, using a variety of therapeutic approaches, including CBT, Parent Training, and aspects of Applied Behavior Analysis, school consultation and collaboration

Banner-University Medical Center, University of Arizona School of Medicine, Tucson, AZ

Clinical Psychology Intern – July 2016 to June 2017

Supervisor(s): Joanna Katsanis, PhD; Marisa Menchola, PhD; Andrew Gardner, PhD., BCBA; Patricia Harrison-Monroe, PhD; Emery Mahoney, PhD.; Gary Hellman, M.D.

- Population and Setting: Children, adolescents, and families, some with complex medical comorbidities and with a range of clinical concerns, including ASD and other

developmental disorders, ADHD, learning disorders, intellectual disability, anxiety (OCD, GAD, social anxiety, panic disorder), selective mutism, mood disorders, gender dysphoria, and behavioral problems, among other challenges. Patients seen in various settings, including outpatient clinics in a university hospital, inpatient units in a university hospital, and schools.

- Responsibilities: Evaluation of children, adolescents, and young adults; leading and co-leading multidisciplinary intakes with a psychologist, several psychology externs, and psychiatry fellows and residents; evidence-based treatment using a variety of therapeutic approaches, including CBT, parent management training, and aspects of DBT and ACT; consultation with medical professionals regarding psychiatric concerns in a medical population and course of treatment; brief psychotherapy with inpatient children; risk assessment and recommendations; comprehensive multidisciplinary (psychology and psychiatry) diagnostic interviews upon consult; involvement in IEP meetings; school based observations; co-therapy

Pediatric Outpatient Clinic, *Central DuPage Hospital, Winfield, IL*

Clinical Psychology Extern – January 2016 to May 2016

Supervisor: Shannon Erklin, PhD.

- Population and Setting: Children with a range of clinical concerns seeking services in a suburban outpatient clinic in a general hospital
- Responsibilities: Therapy services for children, adolescents, and families with anxiety, depression, oppositional behaviors, Autism Spectrum Disorder, and adjustment challenges to medical illness (e.g., pediatric cancer), using a variety of therapeutic approaches, including CBT, Parent Training, and aspects of DBT and ACT; involvement in multidisciplinary team meetings; individual and group supervision

Dept. of Pediatrics, *University of Illinois Chicago, Chicago, IL*

Mental Health Extern – August 2015 to April 2016

Supervisor(s): Heather Risser, PhD; Stacey Rachel Jacobs, PhD

- Population and Setting: Inner-city, minority children, adolescents, young adults, and parents with a chronic medical illness (prematurity, sickle cell, diabetes, asthma) with emotional and behavioral difficulties (e.g., disruptive behaviors, depression, anxiety, treatment adherence, coping with medical illness); patients seen in a hospital setting
- Responsibilities: Coordination and implementation of a grant funded project (Coordination of Healthcare for Complex Kids [CHECK]) aimed at increasing access to physical and mental healthcare for inner-city, minority youth with chronic medical illness, including: providing solution focused treatment (e.g., parent training, CBT, DBT, Motivational interviewing) in a hospital setting for children, young adults, and families with medical illness; community outreach and prevention; collaboration with a large team

of community health workers, care coordinators, psychologists, social workers, and counselors; conduction of semi-structured clinical interviews

Florissa Pediatric Center/The Autism Program, Kreider Intervention Services, Dixon, IL

Clinical Psychology Extern – July 2014 to August 2015

Group co-therapist – August 2012 to December 2012

Supervisor: Karen White, PhD

- Population and setting: Children and adolescents in a rural, primarily low-income setting with a range of presenting problems, including Autism Spectrum Disorder, ADHD, language disorders, intellectual disability, learning disorders, anxiety, conduct problems, etc.; patients seen in a community mental health clinic
- Responsibilities: Conducted comprehensive, multidisciplinary evaluations for children and adolescents; consultation and collaborative assessment within a multidisciplinary team of professions, including a pediatrician, speech-language pathologist, and an occupational therapist; collection and integration of children's comprehensive histories from parents, other professionals, school records, and medical records; writing of integrated, multidisciplinary assessment reports; conduction of semi-structured intake and feedback sessions; leading and co-leading several social skills groups in the clinic and within the school setting; leading trainings and workshops for community members related to the treatment of children with various concerns; participation in program development planning and consultation in the formation of a grant-funded pediatric clinic offering assessment, therapy, and medical services; extensive individual and group supervision

Advanced Therapeutic Solutions, Oak Brook, IL

Therapist – June 2014 to August 2014; June 2015 to August 2015

Supervisor(s): Carmen Lynas, PhD; Andrea Brandon, PsyD

- Population and setting: Children with selective mutism and social anxiety disorder in a suburban private practice
- Responsibilities: Implementation of an intensive, exposure based treatment for selective mutism that uses tenants of PCIT and is conducted in a setting that mimics a classroom; collaborative conduction of "lead-in" sessions wherein children receive exposure based treatment prior to beginning the intensive treatment; collaborative development of individualized treatment goals; receiving training of the application of parent-child interaction therapy to the treatment of children with selective mutism; collaboration with a large team of therapists in implementing treatment; co-leading selective mutism groups using exposure based interventions

Emotion Regulation and Temperament Lab, Northern Illinois University, DeKalb, IL

Graduate Student Clinician/ Research Assistant – January 2012 to November 2014

Supervisor: David J. Bridgett, PhD.

- Population and setting: Infants and toddlers, obtaining developmental evaluations as part of an ongoing research project, and their mothers
- Responsibilities: Conducted developmental evaluations (cognitive, language, and adaptive skills); Provide immediate feedback to mothers; Write developmentally sensitive, integrated assessment reports

Psychological Services Center, Northern Illinois University, DeKalb, IL

Graduate Student Clinician – May 2012 to May 2014

Supervisor(s): Laura Pittman, PhD; Kevin Wu, PhD., Jillian Wickery, PhD; Amy Jakobsen, PhD; Karen White, PhD

- Population and setting: Children, adolescents, and adults with a range of clinical concerns seeking services at a university based training clinic
- Responsibilities: Therapy services for adults, children, and families with anxiety, depression, disordered eating, borderline personality, family dysfunction, and anger management difficulties, using a variety of therapeutic approaches, including CBT, Parent Training, Family Therapy, and aspects of DBT and ACT; assessment services provided to adult and child clients; provision of intake and feedback sessions; writing integrated assessment reports, problem assessment reports, treatment plans, interim summaries, termination summaries, session notes; extensive individual and group supervision

Susan Myket, PhD & Associates, Naperville, IL

Group co-therapist – January 2014 to May 2014; June 2013 to August 2013

Supervisor(s): Susan Myket, PhD; Melissa Katz, PsyD; Sarah Luchansky, M.A.

- Population and setting: Children with a range of clinical concerns seeking services in a suburban private practice
- Responsibilities: Co-therapist for large groups of children on the Autism Spectrum, anxiety, and other social-emotional concerns; implementation of social skills training and basic CBT principles applied to anxiety, depression, and anger; treatment planning; brief individual therapy; group and individual supervision

CLINICAL TRAININGS

Infant and Toddler Neuropsychological Assessment: American Academy of Pediatric Neuropsychology Conference, Las Vegas, NV

- April, 2017

The Happiest Baby on the Block Certification, Chicago, IL

- October 2015, The Happiest Baby Education Association

Finding the Gray Autism Seminar: Effective Interventions for Home and School Environments: Tim Wahlberg, PhD, Dixon, IL

- April 2015, The Autism Program at Kreider Services

Intensive Exposure- and PCIT-Based Treatment (PCIT-SM) for Selective Mutism: Carmen Lynas, PhD, Oak Brook, IL

- August 2014, Advanced Therapeutic Solutions

Autism Diagnostic Observation Schedule, 2nd Edition Training, Ann Arbor, MI

- June 2014, The Sunfield Center for Autism, ADHD, and Behavioral Health

Dialectical Behavioral Therapy Training Workshop: Erin Ward-Cieslieski, DeKalb, IL

- April 2013, Northern Illinois University

Acceptance and Commitment Therapy Training Workshop: Patty Bach, PhD, DeKalb, IL

- April 2012, Northern Illinois University

Symposium on Child Trauma in the Public Sector, Chicago, IL

- June 2012, Northwestern University

STRUCTURED INTERVIEWS AND ASSESSMENTS

- Autism Diagnostic Assessment Schedule, Second Edition (ADOS-2)
- Bayley Scales of Infant and Toddler Development, Third Edition (Bayley-3)
- Beery-Buktenica Developmental Test of Visual Motor-Integration (VMI)
- California Verbal Learning Test, Children's Edition (CVLT-C)
- Comprehensive Test of Phonological Processing, Second Edition (CTOPP-2)
- Conners' Continuous Performance Test-II (CPT-II)
- Controlled Oral Word Association Test (COWAT)
- Delis-Kaplan Executive Function System (D-KEFS)
- Gordon Diagnostic System Continuous Performance Test (Gordon CPT)
- Gray Oral Reading Tests, Fifth Edition (GORT-5)
- Kaufman Assessment Battery for Children, Second Edition (KABC-II)
- Leiter International Performance Scale, Third Edition (Leiter-3)
- NEPSY, Second Edition (NEPSY-2)
- Paced Auditory Serial Addition Task (PASAT)
- Preschool Language Scales, Fifth Edition (PLS-5)
- The Rey Auditory Verbal Learning Test (RAVLT)
- Rey Complex Figure Test and Recognition Trial (REYO)

- Schedule for Affective Disorders and Schizophrenia for School-Age Children (KIDDIE-SADS)
- Stanford-Binet Intelligence Scales, Fifth Edition (SB-5)
- Structured Clinical Interview for DSM-IV Disorders (SCID-IV)
- Test of Variables of Attention (T.O.V.A.)
- Wechsler Adult Intelligence Scale-IV (WAIS-IV)
- Wechsler Intelligence Scale for Children-IV (WISC-IV)
- Wechsler Intelligence Scale for Children-V (WISC-V)
- Wechsler Individual Achievement Test-III (WIAT-III)
- Wisconsin Card Sorting Task (WCST), Computer Version 4 (WCST-4)
- Woodcock Johnson Tests of Achievement-III (WJ-III)
- Woodcock Johnson Tests of Achievement-IV (WJ-IV)
- Woodcock Johnson Tests of Cognitive Abilities-IV (WJ Cog-IV)
- Vineland Adaptive Behavior Scales, Second Edition, Survey-Interview Form (Vineland-II)

PUBLICATIONS

- Burt, N. M.**, Boddy, L. E., & Bridgett, D. J. (2015). Temperament contributions to eating disorder symptoms: Additive and interactive effects. *Eating Behaviors, 18*, 30-35. doi: 0.1016/j.eatbeh.2015.03.010
- Bridgett, D. J., **Burt, N. M.**, Edwards, E. S., & Deater-Deckard, K. (2015). Intergenerational transmission of self-regulation: A multidisciplinary review and integrative conceptual framework. *Psychological Bulletin*. doi: 10.1037/a0038662
- Bridgett, D. J., **Burt N. M.**, Laake, L., & Oddi, K. (2013). Maternal self-regulation, relationship adjustment, and home chaos: Contributions to infant negative emotionality. *Infant Behavior and Development, 36*, 534–547.
- Edwards, E. S., Holzman, J.B., **Burt, N. M.**, Rutherford, H., Mayes, L. C., Bridgett, D. J. (2017). Maternal emotion regulation strategies, internalizing problems, and infant negative affect. *Journal of Applied Developmental Psychology, 48*, 59-68.
- Holzman, J. B., **Burt, N. M.**, Edwards, E.S., Rosinski, L., & Bridgett, D. J. *Negative (but not Positive) Parenting Interacts with Infant Negative Affect to Predict Approach: Evidence of Diathesis-Stress to Infancy*. Accepted for publication August 2017.

RESEARCH PRESENTATIONS

- Burt, N. M.,** Rosinski, L., Lowery, B., Ckuj, N., Baggio, M., Kanya, M., & Bridgett, D. J. (2015, March). *Infant frustration and fearfulness as contributors to toddler externalizing problems: Unique, additive, or interactive effects?* Poster presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, Pennsylvania.
- Burt, N. M.** (2015, March). *Contextual factors related to the development of temperament.* Symposium presentation given for undergraduate students through the Department of Psychology at Northern Illinois University, DeKalb, Illinois.
- Burt, N. M.,** Boddy, L. E., Polz, K., Ckuj, N., Koegel, T., & Bridgett, D. J. (2013, September). *Negative emotionality and eating disorder symptomatology: The moderating role of effortful control.* Poster presented at annual meeting of the Society for the Study of Emerging Adulthood, Chicago, Illinois.
- Burt, N. M.,** Rutledge, E., Hiraoka, R., Jenkins, J., Crouch, J., & Bridgett, D. J. (2013, April). *Temperament as a risk and protective factor for parent child abuse potential: Effortful control, frustration, and positive affect.* Poster presented at the biennial meeting of the Society for Research in Child Development, Seattle, Washington.
- Lopez (Burt), N. M.,** Tran, M., Janiczek, D., Laake, L., Murdock, K., Vadnais, S., Merrell, K., & Miller, R. (2012, June). *The indirect effect of maternal emotion regulation through marital adjustment on infant negative affect.* Poster presented at the biennial meeting of the International Conference of Infant Studies, Minneapolis, Minnesota.
- Boddy, L. E., Gertstenkorn, J. J., **Burt, N. M.,** Suerth, S., Ihm, E. D., Beshansky, E. A., & Bridgett, D. J. (2014, May) *The role of temperament and context in predicting children's sleep problems.* Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, California.
- Bridgett, D. J., **Burt, N. M.,** & Laake, L. M. (2013, August). *Perceived parenting and depression in emerging adults: Mediation by emotion regulation.* Poster presented at the annual meeting of the American Psychological Association, Honolulu, Hawaii.
- Yopst, V., **Burt, N. M.,** Baker, M., Heath, D., Schultz, R., Ihm, E., & Bridgett, D. J. (2013, April). *Links between maternal depression and infant frustration: Home chaos and inter-parental adjustment.* Poster presented at the biennial meeting of the Society for Research in Child Development, Seattle, Washington.

- Shishilla, E., Ihm, E., Skowron, A., **Burt, N. M.**, Rodman, L., Lopez, J., & Bridgett, D. J. (2013, April). *Effects of maternal emotion regulation strategies on infant negativity: Direct and indirect effects through maternal internalizing problems*. Poster presented at the biennial meeting of the Society for Research in Child Development, Seattle, Washington.
- Miller, R., Laake, L., Schultz, R., Boddy, L., **Burt, N. L.**, Nasca, M. C., & Bridgett, D. J. (2013, April). *Maternal executive functioning and parenting behavior during interactions with 8-month old infants*. Poster presented at the biennial meeting of the Society for Research in Child Development, Seattle, Washington.
- Murdock, K., Rodman, L., **Lopez (Burt), N. M.**, Stewart, K., Gartstein, M. A., & Bridgett, D. J. (2012, June). *Longitudinal associations between infant temperament, maternal stress, and reactive maternal parenting behavior*. Poster presented at the biennial meeting of the International Conference of Infant Studies, Minneapolis, Minnesota.
- Oddi, K. B., Miller, R.W., Johnson, L. W., Boddy, L. E., Laake, L. M., **Lopez (Burt), N. M.**, Rutherford, H., & Bridgett, D. J. (2012, May). *Gender interaction affects in responding to infant distress: An experimental approach*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, Illinois.
- Vadnais, S., Behm, A., Laake, L. M., **Lopez (Burt), N. M.**, Oddi, K. B., Wu, K., & Bridgett, D. J. (2012, 2012). *Executive function correlates of symptoms of specific anxiety disorders and major depression*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, Illinois.

RESEARCH EXPERIENCE

Emotion Regulation and Temperament Lab, Northern Illinois University, DeKalb, IL

Research Assistant – August 2011 to Current

Supervisor: David J. Bridgett, PhD.

- Project(s): *Infant and Toddler Emotion Regulation Project* (a multi-site longitudinal project with mothers and their infants examining the development of temperament, emotion regulation, parenting, and the rearing context, across the first three years of life); *Response to Infant Cry* (a project with undergraduate students examining temperament, self-regulation, the rearing context, and parenting behaviors during a simulated parenting task); *Parenting in Emerging Adults in Response to Contextual Risk, Stress Reactivity, and Self-Regulation* (A branch off of the response to infant cry project; this project examines the contributions of contextual risk, physiological stress reactivity, and self-regulation to parenting behaviors during a simulated parenting task)

- Responsibilities: Following families during project participation; running experiments with a community sample, including mothers and their infants/toddlers, and with college students; daily oversight and management of lab activities; supervision and training of 25 undergraduate research assistants and graduate students; supervision of undergraduate abstract submissions, poster development, and presentation at professional conferences; lead graduate student on several coding projects (e.g., mother-infant interactions, infant frustration, maternal control and child compliance) examining behavioral observations, includes reliability coding and training of undergraduate coders; extensive training on MindWare equipment (allows measurement of RSA); involvement in coordination and management of a multi-site longitudinal research project; project design

Advanced Therapeutic Solutions, Oak Brook, IL

Research Assistant – June 2014 to Current

Supervisor: Carmen Lynas, PhD.

- Project: *Efficacy of Intensive Treatment Protocol for Selective Mutism* (investigation of the effectiveness of an intensive treatment for selective mutism that incorporates principles of exposure therapy and PCIT in a setting that simulates a “classroom”)
- Responsibilities: Assisting with the design and implementation of the project; IRB write-up; application of intensive intervention (see details in clinical experience section)

The Conditioned Feeding Lab and The Memory and Language Lab, Arizona State University, Tempe, AZ

Undergraduate Research Assistant – August 2008 to May 2011

- Responsibilities: Running experiments with child and adult subjects; data entry using SPSS; literature searches; research paper

TEACHING EXPERIENCE

Northern Illinois University, DeKalb, IL

Teaching Assistant – Fall 2013

Supervisor: Doug Wallace, PhD.

- Course: PSYC 102, Introductory Psychology, two sections
- Independent development of lectures and teaching of two sections under the supervision of a professor
- Teaching Effectiveness Questionnaire; Ratings range from 1 (excellent) through 5 (poor): Overall effectiveness: 1.31; 2.05; Full reviews from students are available upon request

RELEVANT WORK EXPERIENCE

The Center for Autism and Related Disorders, Phoenix, AZ

Senior Therapist – March 2008 to July 2011

Supervisor(s): Jessica Belokas, M.A.; Jennifer Smith, M.A.

- Population and setting: Children and adolescents with Autism Spectrum Disorders (ASD)
- Responsibilities: Provide in home Applied Behavior Analysis therapy for children with ASD and their families; assist as an aid in the classroom setting; parent training; training new therapists and team members; management of a team of therapists along with supervisors; development and implementation of lesson updates and behavior intervention plans for maladaptive behaviors, including self-injurious behavior, aggression, and stereotypy; writing of monthly reports
- Special trainings/certifications: Extensive training in Applied Behavior Analysis

PROFESSIONAL ORGANIZATIONS

- American Psychological Association
- Arizona Psychological Association
- Association for Psychological Science
- International Society on Infant Studies
- Psychological Science
- Society for Research in Child Development
- Society for the Study of Emerging Adulthood

AWARDS

- Graduate School Minority/Jeffrey T. Lunsford Fellowship 2013-2014
- The Center for the Study of Family Violence and Sexual Assault Fellowship 2012-2013
- PSI CHI, The National Honor Society in Psychology 2009-2011

REFERENCES

Joseph Gentry, Ph.D., BCBA-D
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Gentry Pediatric Behavioral Services
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